



Capital Area United Way

2011 Referral Guide

For Basic Services In The Tri-County Communities

GIVE. ADVOCATE. VOLUNTEER.
LIVE UNITED 

WELCOME

Capital Area United Way (CAUW) supports agencies and communities in Ingham, Northeast Eaton and Clinton counties. CAUW is a locally based nonprofit organization serving the needs of residents in the Tri-County area. Our mission is to unite people and resources to prevent and solve defined problems and to improve the quality of life for people in need.

This directory is not meant to be a comprehensive listing of services that exist in the community. **If you don't find what you are looking for in the guide or would like more information, dial 2-1-1. If you have trouble reaching the service dial toll-free (866) 561-2500.** A trained Information and Referral Specialist will assist you in finding resources in the community. You can also call if you are interested in volunteering or would like to donate goods or services. This free service is available 24/7, 365 days a year. You can also do an online search of resources yourself at www.centralmichigan211.org by clicking on the "Search for Help Online" link on the left hand side of the page.

If you have any questions, concerns, or comments about the resources found in this guide or would like more information about 2-1-1, please contact our office at (517) 203-5033. In addition, feel free to copy any part of, or the entire guide, for yourself or others.

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CLOTHING

Call the organizations listed below to verify their distribution hours. Items available often depend on what is donated at the time. Clothing is available to all.

AGENCY	TELEPHONE & Location	TYPE OF CLOTHING
Capital Area Michigan Works!	517-492-5500 2110 S. Cedar, Lansing	Work appropriate clothing for women.
Christian Services	517-394-5411	General, school and baby clothing, large size women and work clothing
City Rescue Mission Free Store	517-485-0145 1515 S. Cedar St., Lansing	General for homeless or low income persons. Must have referral from agency or City Rescue Mission main office.
Cristo Rey Community Center	517-372-4700 1717 N. High St., Lansing	General
Eastside Community Action Center	517-483-0414 1001 Dakin St. Lansing	General—call for an appointment
Eaton Clothing and Furniture Center	517-543-4334 116 E. Lovett, Charlotte	General
First United Methodist Church	517-676-9449 201 E. Ash, Mason	General
Lansing Seventh Day Adventist Community Service Center	517-321-8238 5400 W. St. Joseph, Lansing	Provides clothing and small household items to those in need. Must have a referral from a pastor, social service agency or school.
New Beginning Pregnancy Center	517-543-7077 64 Van Sickle Dr., Charlotte	Maternity and baby clothing
Old Newsboys Association	Speak to your child's school counselor or call: 517-485-9107.	Shoes, snow boots and socks to low-income school age children
Pregnancy Services of Greater Lansing	517-332-0633 1045 E. Grand River, E. Lansing	Maternity and baby clothing through participation in Rewards education program.
Shared Pregnancy Women's Center	517-482-1882 503 N Walnut St., Lansing	Maternity and baby clothing through participation in Learn & Earn education Program.
St. John's Baby Pantry	989-227-9000 100 Maple St., St. Johns	Baby clothing
St. John's Seventh Day Adventist	989-224-3530 1400 S. Oakland, St. Johns	General Wed 1pm-4pm
Volunteers of America	517-484-4414 Ext. 102 430 N. Larch, Lansing	General - Primarily services the homeless.
Women's Center of Greater Lansing	517-372-9163 1710-1712 E. Michigan, Lansing	Work clothing for women.

CHILD ABUSE

If you are aware of an abusive situation or one that could escalate into violence, in progress, we encourage you to call 911 immediately. Contact any of the agencies below to report potential and current child abuse. Your report is kept confidential, in that the abusive adult is not made aware of who reported the information. These agencies will also be able to refer you to emergency day care centers.

*Edward Photo Studio Inc., of Lansing, will provide FREE and CONFIDENTIAL documentation of abuse (photos). Call them at 517-393-4170.

<u>AGENCY</u>	<u>TELEPHONE</u>	<u>TYPE OF SERVICE</u>
Child Abuse Prevention Services (Ingham County)	517-484-8444	<ul style="list-style-type: none"> • Respite child care • Parenting support • Public information and education
Child Abuse Prevention Council (Eaton County)	517-622-4543	<ul style="list-style-type: none"> • Parent education • Public information and education
<u>Protective Services:</u> Ingham County – Eaton County – Clinton County –	<ul style="list-style-type: none"> • 517-887-9450 • 517-543-0863 • 989-224-5500 	<ul style="list-style-type: none"> • Prevention counseling • Protection services • Foster care

DENTISTS/DENTAL CLINICS ACCEPTING MEDICAID

Dental Office	Telephone and location
Barry-Eaton District Health Department Dental Clinic	623 Courthouse Dr, Charlotte 877-313-6232 Accepts Healthy Kids, MiChild, Medicaid (children & adults), MI Community Dental Plan and private pay
Ingham County Health Department Adult Dental Clinic	5303 S. Cedar St., Lansing 517-887-4423 Accepts Medicaid for adults age 19 and older
Ingham Healthy Smiles Dental Center	2815 S. Pennsylvania, Ste. 203, Lansing 517-272-4150 Accepts Healthy Kids, MiChild and Medicaid for children under 18 and children with no insurance in Ingham County
Mid Michigan District Health Department Dental Clinic	1307 E. Townsend Rd, St. Johns 989-227-3131 Accepts Medicaid for adults age 19 and older
Care Free Medical and Dental Clinic	790 E Columbia St., Mason 517-244-0120 5135 S. Pennsylvania, Lansing 517-887-5922
Lansing Community College Dental Hygiene Clinic	1515 N. Washington Sq. Room 17, Lansing 517-483-1458 Accepts Medicaid for children under 21 and uninsured adults
Henry Burkhardt, DDS	802 State, St. Johns 989-224-7559 Accepts Healthy Kids and MiChild
Sherman Allen DDS	2002 E. Saginaw, Lansing 517-482-0885 Accepts Healthy Kids, MiChild and Medicaid for children under 18
David Flint DDS	806 N. Washington, Lansing 517-485-4713
Kevin Grimm, DDS	6250 S. Cedar, Ste. 5, Lansing 517-394-2226 Accepts Healthy Kids and Medicaid for children under 18
Charlotte Family Dentistry Patrick Gadola, DDS	317 S. Cochran Ave., Charlotte 517-543-2820 Accepts Healthy Kids
John D. Curtis, DDS	229 Cochran Ave., Charlotte 517-543-3810 Accepts Healthy Kids and MiChild

DOMESTIC VIOLENCE VICTIM SUPPORT

If you are a victim of an abusive relationship, or aware of a violent situation, please contact any of the agencies listed below. The State of Michigan licenses these agencies to ensure confidentiality for both the victim and/or reporter of the violence.

<u>AGENCY</u>	<u>TELEPHONE</u>	<u>TYPE OF SERVICE</u>
Domestic Violence/ Sexual Assault Shelters: Ingham County - Eve's House MSU Safe Place Clinton County - RAVE Safe House Eaton County - SIREN/Eaton Shelter	517-372-5572 517-355-1100 877-952-7283 517-543-4915	<ul style="list-style-type: none"> • Counseling • Support groups • Shelter for women with/without children • Advocacy services
EVE Personal Protection Order Office	517-483-6545	Free assistance in obtaining a Personal Protection Order
Prosecutors Office: Ingham County – Eaton County – Clinton County –	517-483-6108 517-543-4801 989-224-5260	If you have questions about court procedures or if you are being threatened to drop charges.
Crime Victim Services Commission	517-373-7373	Offers financial assistance for victims with personal injury, work loss and funeral benefits.

*Edward Photo Studio Inc., of Lansing, will provide FREE and CONFIDENTIAL documentation of abuse (photos). You may reach them at 393-4170.

FINANCIAL ASSISTANCE

All individuals requesting financial assistance, i.e. rent and utility etc., must first apply with the Department of Human Services (DHS), formerly the Family Independence Agency.

The DHS will provide full, partial or no assistance. In all cases, you will be given a letter documenting and explaining their decision. Should the DHS not provide full financial help, you must present their decision letter to other agencies to receive additional assistance.

Contact the DHS office in the county in which you reside. Refer to the table below to ensure you have contacted the correct DHS office and have the proper information required.

COUNTY	TELEPHONE	YOU MUST SHOW
Ingham	517-887-9400	<ul style="list-style-type: none">▪ Pictured ID▪ Social security card▪ Proof of income
Eaton	517-543-0860	
Clinton	989-224-5500	

TYPES OF SERVICES OFFERED:

- Case management
- Cash assistance
- Utility bill assistance
- State Medical Plan
- Food assistance
- Disability assistance
- Child care
- Transportation
- Rent assistance
- Medicaid

FOOD BANKS

It is not a requirement to register with the Department of Human Services (formerly FIA) to receive food assistance. If you do not already receive food stamps, however, it may be a good idea to ask DHS if you qualify.

Many local agencies work in conjunction with their city/county food bank to provide food to residents. The amount of food given is usually enough to last a week.

- Required documents: You must show pictured ID or social security card to receive food.
- Frequency: Assistance is normally allowed once every 30 days from the date of your last visit. Check with provider on the number of times you can access food assistance.

FOOD BANK	TELEPHONE
<u>Ingham County</u>	
Ingham County Food Bank (Clearinghouse that covers the City of Lansing, East Lansing, Haslett and Okemos)	517-887-4357
Eastside Community Action Agency	517-853-0414
Holt/Mason Communities	517-676-1065
Leslie	517-589-5814
Stockbridge	517-851-7275
Webberville Food Bank	517-521-3984
Williamston Food Bank	517-655-1922
<u>Eaton County</u>	
Bellevue Good Samaritans	269-763-9497
Charlotte Assembly of God	517-543-0649
First Presbyterian Church of Dimondale	517-646-6183
Grand Ledge Seventh Day Adventist	517-627-4348
Heart and Hands	517-663-7104
Helping Hands	517-543-8737
Olivet Good Neighbors	269-749-2631
Pottersville United Methodist Church	517-645-7701
St. Mary's of Charlotte	517-543-4319

<u>Food Banks Continued</u> <u>Clinton County</u>	<u>Telephone</u>
Beacon of Hope Family Care Center	866-604-6447
Capital Area Community Service/CACS	989-224-6702
Mt Hope St John's Family Church	989-227-5366
Redeemer United Methodist Church	517-669-3430
Sparrow Clinton Memorial Hospital Foundation	989-227-3396

SOUP KITCHENS

In addition to the number of food banks and pantries that supply groceries, our community also has numerous soup kitchens. Soup kitchens are agencies, organizations and churches that will supply hot meals for those in need. Contact or visit agencies below to obtain their meal schedules. All of these soup kitchens are in the Lansing area.

Agency	Meal Times	Address	Telephone
Advent House Ministries	Sat 8am, 1:30pm, 4:30pm Sun 9am, 10am, 4pm	743 Martin Luther King	517-485-4722
Central United Methodist Church/Open Door Ministries	Thurs 11:30am-12:30pm	215 N. Capitol	517-485-9477
Christ Lutheran Church	Sat 11:30am-12:30pm	122 S. Pennsylvania Ave.	517-482-2252
Christ United Methodist Church	Mon & Wed 11:30am-12:15pm	517 W. Jolly Rd.	517-374-2727
City Rescue Mission of Lansing	Sign up daily at 11am, 6pm	613 East Michigan Ave.	517-485-0145
Cristo Rey Community Center	Tues & Thurs 9am-10am	1717 N. High Street	517-372-4700
Lansing City Outreach	Tues & Thurs 4pm	601 N. Larch	517-505-0045
Salvation Army	Mon & Fri 12-12:45pm	525 N. Pennsylvania	517-484-4424
Volunteers of America	Mon-Fri 7am, 11:30am, 4:30pm Sat-Sun 8am, 4:30pm	430 N. Larch St.	517-484-4414

HOSPITALS

These hospitals are all located in the Tri-County area. *Dial 9-1-1 for Emergencies*

NAME & LOCATION	TELEPHONE
St. Johns Clinton Memorial Hospital 805 S. Oakland	517-224-6881
Eaton Rapids Eaton Rapids Community Hospital 1500 S. Main	517-663-2671
Charlotte Hayes Green-Beach Hospital 321 E. Harris	517-543-1050
Lansing Ingham Regional Medical Center 401 W. Greenlawn	517-975-6000
(Pennsylvania Campus) 2727 S. Pennsylvania	517-975-6000
Lansing Sparrow Hospital 1215 E. Michigan	517-364-1000
(St. Lawrence Campus) 1210 W. Saginaw	517-364-1000
Owosso Memorial Health Care Center 826 W. King St.	989-723-5211

Medical Equipment Loan Closets

- Capital Area Center for Independent Living: 517-999-7510
- Cristo Rey Community Center: 517-372-4700
- Easter Seals of Michigan: 800-757-3257
- Bath Charter Township Senior Center 517-641-6619
- St. Vincent DePaul 517-484-4228
- Tri-County Office on Aging 517-887-1440

HEALTH PROGRAMS FOR THE UNINSURED

INGHAM COUNTY

INGHAM HEALTH PLAN (IHP)

The Ingham Health Plan is for uninsured adults (and some children) in Ingham County with low income. Under the health plan, an office visit to a primary care physician requires a \$10 co-pay and a visit to a specialist is \$15, prescription co-pays are \$5 to \$10, x-rays \$5/procedure, and lab work is free. Professional fees are covered for outpatient hospital procedures. Hospital care is provided by area hospitals as part of their charity care obligation. Call 517-887-4465 to enroll. To be eligible for the IHP, the follow criteria must be meet: *Reside in Ingham County *Have an income under 250% of the Federal poverty rate *Be ineligible for Medicaid, Medicare, or MICHild and have no employer-sponsored coverage.

EATON/BARRY COUNTIES

BARRY-EATON HEALTH PLAN/B-E Healthy Program

A health coverage program for residents without health insurance. Enrolled members have access to primary care at the Barry-Eaton Health Connections clinic, a service of the Barry-Eaton Health Department. The primary goal of the clinic is to make basic preventative and primary care available to those without health insurance. A team of nurse practitioners, a medical assistant, a supervising physician, and administrative support staff provide the health services. The clinic is available for scheduled appointments two and a half days a week. Patients will be responsible for \$10 co-pay per office visit and \$5-\$10 co-pay for prescription medication. Call 800-553-2565 for more information or to enroll. To be eligible for the B-E Healthy Program, the following criteria must be meet: *Must be a resident of Barry or Eaton county *Meet certain income requirements *Have no health care coverage; and *Be an adult between the ages of 19-64 (children and seniors would most likely qualify for Medicaid or Medicare coverage and would be referred to the appropriate program).

CLINTON COUNTY

MID-MICHIGAN HEALTH PLAN

The Mid-Michigan Health Plan provides health care benefits for the uninsured in Clinton, Gratiot or Montcalm Counties. The plan covers medically necessary health care services including, doctor visits, health checkups, prescriptions and certain outpatient hospital services. To enroll call 989-227-3118. To be eligible for the Mid-Michigan Health Plan, the following criteria must be meet: *Must be a resident of Clinton, Gratiot or Montcalm Counties *Must not be eligible for Medicaid, Medicare, HealthKids, MICHild or any other public or private insurance. *Household income cannot exceed 150% of poverty.

HOUSING AND RENT ASSISTANCE

To receive rental assistance you must register with the Department of Human Services (Formerly FIA) prior to seeking additional agency assistance. The DHS will give you a letter that details their decision. If the DHS does not offer full assistance, you must present their letter, along with additional information, to the agency you are working with for help.

Each agency has specific required information that they will require you to obtain prior to seeking their help. These agencies will not offer their assistance until you have the required information. Refer to the table below to ensure you have the proper documents for each agency.

NAME	TELEPHONE	TYPE OF HELP	YOU MUST SHOW
<p><u>Department of Human Services (DHS)</u></p> <p>* <u>Must apply here first</u></p>	<ul style="list-style-type: none"> ● Ingham County 517-887-9400 ● Eaton County 517-543-0860 ● Clinton County 989-224-5500 	<p>Rent/foreclosure assistance</p> <p>First month's rent/deposit if homeless</p>	<ul style="list-style-type: none"> ● Copy of court Summons or Judgment. ● Pictured ID ● Social security number(s) ● Proof of income ● Proof of cash assets
<p>Capital Area Community Services</p>	<ul style="list-style-type: none"> ● Ingham County 517-393-7077 ● Eaton County 517-543-5465 ● Clinton County 989-224-6702 ● Rural Ingham 517-676-1065 	<p>Rent/foreclosure assistance in Ingham, Eaton, Clinton Counties</p>	<ul style="list-style-type: none"> ● DHS decision letter ● Court summons to appear or court decision notice ● Eviction notice ● Proof of income ● Photo I.D ● If homeless, a verification letter from a shelter ● Income verification
<p>Housing Services for Eaton County</p>	<p>517-541-1180</p>	<p>Rent/foreclosure assistance in Eaton counties</p>	<ul style="list-style-type: none"> ● DHS decision letter ● Pictured ID ● Current household bills ● Verification of income
<p>Salvation Army</p>	<p>517-484-4424</p> <p>Only takes rent/mortgage appointments on Wednesday's starting at 8:30 am</p>	<p>Rent/foreclosure assistance in Ingham, Eaton, and Clinton counties</p>	<ul style="list-style-type: none"> ● DHS decision letter ● Pictured ID ● Social security card ● Monthly check stub ● Monthly household expense proof ● If homeless, verification letter from a shelter
<p>St. Vincent DePaul</p>	<ul style="list-style-type: none"> ● Ingham/Eaton 517-484-5395 ● Clinton 989-224-8994 	<p>Rent/foreclosure assistance in Ingham, Eaton and Clinton counties</p>	<ul style="list-style-type: none"> ● DHS decision letter ● Pictured ID ● Social Security card ● Proof of income

HELP FOR FORECLOSURE IN THE GREATER LANSING AREA

The key to avoiding a foreclosure is to contact your lender as soon as possible. Many times they will work with you to try and avoid a foreclosure. Contact the numbers below for assistance.

Agency	Telephone
Central Michigan 211	2-1-1 or toll-free 866-561-2500
Save the Dream (State of Michigan)	866-946-7432
Center for Financial Health	517-319-1309
Franklin Street Community Housing	517-482-8708
GreenPath Debt Solutions	517-321-5836
Women's Center of Greater Lansing	517-372-9163

MORE HOUSING OPTIONS

The following agencies also offer reasonably priced rental units to low-income individuals and families and/or maintain housing lists and programs.

AGENCY	ELIGIBILITY	APPLICATION
<u>Franklin Street Community Housing Corporation</u>	Low to moderate income individuals and families	517-482-8708
<u>Greater Lansing Housing Coalition</u>	Must meet income requirements. Must show good credit, criminal and civil records and past rental history.	517-372-5980
<u>Michigan State Housing Development Authority</u>	All programs offered have requirements. Call for more information. Maintains Section 8 program.	517-373-8370 www.michiganhousinglocator.com
<u>Housing Services for Eaton County</u>	Anyone who desires to reside in Eaton County is eligible to receive weekly listings of available rental units in the Eaton County area.	517-541-1180
<u>Lansing Housing Commission</u>	Must be income qualified and show criminal and civil records and past rental history.	517-487-6550

EMERGENCY HOME REPAIR

The following agencies may help if you are in need of emergency home repair.

AGENCY	PROVIDES HELP WITH	ELIGIBILITY
City of Lansing Planning and Development Office 483-4040	Repairing a home or replacing items such as a furnace in case of emergency.	Must own and occupy a single family home located in the City of Lansing. Must meet income guidelines.
<u>Cristo Rey Community Center</u> 372-4700	Minor home repairs, construction of wheelchair ramps, lawn care and yard cleanup.	Must be a senior citizen, low-income family or person with a disability.
<u>Capital Area Community Services</u> 393-7077	Replacement or repair of furnaces and water heaters when funds are available. Also provides weatherization.	Applicants must meet income guidelines. Both homeowners and renters may qualify.
<u>Greater Lansing Housing Coalition--Tuesday Toolmen Program</u> (517) 372-5980	Minor home repairs and constructions of wheelchair ramps.	Must be a senior citizen, low-income family or person with a disability

MENTAL HEALTH SERVICES

The following are agencies that provide short- and long-term crisis intervention and counseling services. Although there are many additional providers of counseling, this list is mainly compiled of those that offer free services or charge a very low, minimal fee.

NAME	PHONE	TYPE OF SERVICE	INSURANCES ACCEPTED/FEES
St. Vincent Catholic Charities	517-323-4734	Individual, child, family, couples and group counseling	Most major insurances are accepted. If not insured, fees will be based on income.
Child and Family Services	<ul style="list-style-type: none"> • Ingham 517-882-4000 • Clinton 989-224-1173 	Child, foster, adoptive, family and marriage counseling	Most major insurances are accepted; if not insured, fees will be based on income. *Does not accept Medicaid.
Community Mental Health Ingham, Eaton and Clinton Counseling Centers	517-346-8318 Or 888-800-7559	Treats chronically mentally ill patients.	Low income residents of Ingham, Eaton and Clinton Counties
Cristo Rey Community Center	517-372-4700	Individual, family and spousal abuse counseling. Focuses on Hispanic community	Accepts Medicaid. If not insured, fees will be based on income.
Deep Water Transitional Program	517-321-3337	Counseling for single mothers	No charge, call for appt.
Ele's Place	517-482-1315	Grief counseling for children and teens	No charge, call for appt.
Gateway Community Services	517-351-4000	General counseling for youth ages 10-17 & their families	No charge for service, call for an appointment.
Listening Ear	517-337-1717	24-hour walk-in and telephone crisis intervention, sexual assault counseling	No charge for service, call for an appointment.
Michigan State University Child and Family Clinic	517-432-2272	Individual, couples and family counseling	Cost per session: 8 am – 4 pm: \$30 4-9 pm: \$35 Fees can be reduced further in case of need.
Michigan State University Psychological Clinic	517-355-9564	Parent, youth, family, spousal abuse, anger management and premarital counseling	Does not accept insurance Fees are based on a sliding scale and range from \$10-\$50. Fees reduced lower with approval.

Important Contacts:

Cancer Patients, Medical Expense Assistance

Mission of Hope Cancer Fund:
888-544-6423

Children's car seats, Organizations that Give/Loan

Barry/Eaton District Health Dept:
517-543-2430
Christian Services
517-394-5411
Capital Area Safe Kids Coalition (through Sparrow)
517-364-2616
Lansing Area Safety Council
517-394-4614
Pregnancy Services of Greater Lansing
517-332-0633
Safe Kids of Clinton County
989-227-3334
Shared Pregnancy Women's Center
517-484-1882

Credit Counseling/Money Management

Case Credit Union: 888-393-7716 ext 1024
Christian Services (IMAGE program): 517-394-5411
Franklin Street Community Housing Corp: 517-482-8708
Greenpath Debt Solutions: 517-321-5836

Cultural Assistance Programs

Refugee Services: 517-323-4734
Refugee Development Center/Christ Lutheran Church: 517-482-2252
Cristo Rey (Hispanic): 517-372-4700
Hmong American Community: 517-337-0534

Employment Assistance

Michigan Works!
Ingham County: 517-492-5500
Eaton County: 517-543-5278
Clinton County: 989-224-2000
Cristo Rey: 517-372-4700

Ex-Offender Assistance

New Way In: 517-484-8473
Eaglevision: 517-492-5591
Immaculate Heart of Mary/New Life Program: 517-393-3030
NorthWest Initiative/AARO Program: 517-999-2894

Eyeglasses, Hearing Aids (Help Obtaining)

Lions of Michigan: 517-887-6640

Other Important Contacts: cont.

Furniture, Free/Used for Low Income Families

Christian Services: 517-394-5411

St. Vincent DePaul: 517-484-5395

Eaton Clothing & Furniture Center: 517-543-4334

Holiday Assistance, Low-income Families

▪ **Thanksgiving**

Christian Services: 517-394-5411

▪ **Christmas**

Lansing City Rescue Mission: 517-485-0145

Salvation Army: 517-484-4424

Volunteers of America: 517-484-4414

Household Items/Bedding/Dishes, Low-income Families

Christian Services: 517-394-5411

St. Vincent DePaul:

517-484-5395 (Ingham County)

989-224-5500 (Clinton County)

Landlord Tenant Assistance

Housing Services of Eaton County: 517-541-1180

Michigan State University Law School

Landlord/Tenant Clinic: 517-336-8088

Legal Services of South Central MI: 517-394-3121

Personal Need Items (call for availability)

Christian Services: 517-394-5411

Lansing City Rescue Mission: 517-485-0145

Salvation Army: 517-484-4424

Youth Mentoring Programs

Big Brothers/Big Sisters

▪ Ingham County/Clinton Counties: 517-372-0160

NOTES

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LIVE UNITED 